
















Allergen Information for the Super Star Menu

C = Contains as an ingredient | MC = May Contain precaution

Menu Item														
	Celery	Cereals containing gluten	Eggs	Crustaceans	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame seeds	Soya	Sulphites
Sandwiches Chicken & Bacon w/ Rocket We use a plant based vegan margarine spread for sandwiches		Wheat	C						C				C	
Sandwiches Ham, Salami, Provolone w/ Marinara		Wheat					C						C	
Sandwiches Tomato & Pesto w/Olive Tapenade		Wheat					MC			MC	MC	Pine Nuts	C	
Sandwiches Cheese & Onion w/Branston		Wheat Barley	C				C						C	C
Sandwiches Mackerel Pate w/ Cucumber		Wheat			C		C							
Sandwiches Tuna & Sweetcorn w/Cornichons		Wheat	C		C									
Sandwiches Falafel & Houmous w/Mint		Wheat										C	C	
Sandwiches Avocado Smash w/ Tomato		Wheat											C	
Chicken Drumsticks w/ Terriyaki Glaze		Wheat								MC	MC	MC	C	
Creamed Mushroom Vol au Vents		Wheat					C							
Buffalo Chicken Vol au Vents	C	Wheat					C							
Prawn Vol au Vents		Wheat	C	C			C		C					
Tuna Vol au Vents		Wheat	C		C									
Crab Rangoon Vol au Vents		Wheat MC Barley		C	C		C			MC	MC		C	

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Coronation Chickpea Vol au Vents		Wheat							MC					
Yorkshire Puds w/Beef & Horseradish		Wheat	C				C		C				C	C
Quiche		Wheat MC Barley & Oats	C				C		C					MC
Smoked Salmon Cheese Ball w/walnuts					C		C			Walnuts				
Crostini Crackers		C Wheat MC Rye, Barley, Spelt										MC	MC	
Swedish, Italian, Buffalo Chicken Meatballs	C	Wheat					C							
Breadsticks		Wheat Barley					MC					MC	MC	
Houmous Dip												C		
Crisps														

Review date:
9/2023

Reviewed by: Lorna I. Robins