
















# Allergen Information for the Super Cool Menu

C = Contains as an ingredient | MC = May Contain precaution

Menu Item														
	Celery	Cereals containing gluten	Eggs	Crustaceans	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame seeds	Soya	Sulphites
Sandwiches Chicken & Bacon w/ Rocket We use a plant based vegan margarine spread for sandwiches		Wheat	C						C				C	
Sandwiches Ham, Salami, Provolone w/ Marinara		Wheat					C						C	
Sandwiches Tomato & Pesto w/Olive Tapenade		Wheat					MC			MC	MC	Pine Nuts	C	
Sandwiches Cheese & Onion w/Branston		Wheat Barley	C				C						C	C
Chicken Drumsticks w/ Terriyaki Glaze		Wheat								MC	MC	MC	C	
Creamed Mushroom Vol au Vents		Wheat					C							
Quiche		Wheat MC Barley & Oats	C				C		C					MC
Smoked Salmon Cheese Ball w/walnuts					C		C			Walnuts				
Crostini Crackers		C Wheat   MC Rye, Barley,Spelt										MC	MC	
Swedish, Italian, Buffalo Chicken Meatballs	C	Wheat					C							
Breadsticks		Wheat Barley					MC					MC	MC	
Houmous Dip												C		
Crisps														

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Reviewed by: Lorna I. Robins